



Shanghai Arrival & Quarantine Process

Prepared by Ariel Lee, Admin of SH Arrivals & QuarantTEAM
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PROCESS OVERVIEW

DEPARTURE



Check-in
Boarding
In-flight

ARRIVAL



PCR Test
Immigration Luggage Claim
District Desks

QUARANTINE



Check-In
PCR Test
Release

Disclaimer: This document was created with information collected from various Chinese embassy websites, Chinese government announcements, as well as member experiences. It is subject to change, please check official sources (consulate, gov website, airline) for latest updates.

DEPARTURE | CHECK-IN

Who is it for:

- All nationalities
- All departure countries
- All Ages

China Customs Health Declaration

- One-time form
- **Screen shot the end screen**
- Valid only for 24hrs
(if flight is > 24hr, redo during transit/layover)
- End screen checked at check-in and disembark at PVG airport



Link to the mini app ►



BA Signs at LHR for the Customs health declaration mini app



What the end screen looks like when done correctly

DEPARTURE | BOARDING

Who is it for:

- All nationalities
- Listed departure countries (check consulate website)
- All ages (exception: young children under 3yo in certain countries)

COVID Test Results

* Take a test at least 3 days prior to flight. The COVID test result issue date needs to be within 72hrs of boarding time for flight

Chinese citizens:

- Within 24hrs of receiving the PCR test, upload the results to the WeChat mini program 健康防疫码国际版



- At boarding, you are required to present a Green Health Code with an “HS” logo in the middle



Non-Chinese citizens:

- At least 24hrs prior to departure, send the following documents by e-mail to the Chinese embassy nearest you to receive a stamped Health declaration form
 - COVID test result
 - Signed Health Declaration Form
 - Copy of passport bio-page
- At boarding, you are required to present these documents:
(Suggest to printed out these documents)
 - The Consulate Stamped Health Declaration Form
 - Certified copy of the COVID test result

Information source: Please check the [official Chinese consulate website](#) in the country you are located in, as well as transiting in, to find further details on 1) Whether you need a test 2) Where to take a test 3) How to submit the test. Each country's process will vary.

HEALTH DECLARATION FORM

Example Submission Process: UK

Title of e-mail: HS + Full Name + Date of Departure

Attachments:

- Filled in and Signed Health Declaration Form (See right side)
- Copy of Passport bio page
- COVID negative test results

Where to e-mail them to

- Chinese Consulate of the UK: testreportuk@gmail.com
- Manchester Chinese Consulate: health_man@outlook.com
- Edinburgh Chinese Consulate: lsxz_ed@163.com
- Belfast Chinese Consulate: chinacnbft@gmail.com

(Source: Official website of Chinese Embassy in the UK and Northern Ireland)

<http://www.chinese-embassy.org.uk/eng/visa/notice/>

Information source: Please check the **official Chinese consulate website** in the country you are located in, as well as transiting in, to find further details on 1) Whether you need a test 2) Where to take a test 3) How to submit the test. Each country's process will vary.

Health Declaration Form

I (Full name: _____, Passport number: _____) hereby declare that I have had none of the following situations in the 14 days immediately preceding the date on this Health Declaration Form:

1. Being confirmed or suspected of COVID-19 infection by any medical institution;
2. Running a fever at or above 37.3°C or showing respiratory symptoms;
3. Coming into contact with confirmed or suspected COVID-19 cases;
4. Coming into contact with patients with a fever or respiratory symptoms;
5. Staying in a community or hotel reporting confirmed or suspected COVID-19 cases;
6. At least two persons in my office or family running a fever or showing respiratory symptoms;
7. Taking medicine for fever or cold;
8. Visiting public spaces like hospitals, theaters, restaurants and leisure facilities or taking part in group activities without taking protective measures like wearing a mask.

I declare the truthfulness and veracity of the statements above and the COVID-19 negative certificate I have provided. If any of the above-mentioned situations happens to me before leaving for China, I shall cancel the trip.

I acknowledge and accept the responsibilities under this Declaration pursuant to the relevant laws and regulations of the People's Republic of China should I conceal any health condition that might cause the spread of quarantinable infectious diseases or give rise to serious risks of such spread.

Signature: _____ Date: ____/____/____ (Day/Month/Year)

To be completed by consular officers of the Chinese Embassy or Consulate:

The Chinese Embassy/Consulate has examined the COVID-19 negative certificate (No. _____, Issuance date: ____/____/____) provided by the declarant. Used for the sole purpose of pre-boarding screening by airlines, this health declaration form is valid until ____/____/____.

Seal: _____ Date: ____/____/____ (Day/Month/Year)

LHR – PVG (British Airways)

Fight Experience 21.09.2020

- Full plane, no spacing
- Bring extra masks/face shield/goggles if you can get your hands on one. Suggest to wear your hair in a bun and cover it as well.
- Upon landing, health staff will come onto the plane to scan your China Customs health declaration QR code
- Will also be given a health form to sign (bring a pen)
- Sign the yellow customs arrival slip (as per usual arrival process)
 - Provide a clear Chinese address and phone number, if not, use your company contact
- Getting off the plane takes 45min, called in groups



Transit Experience

Seoul Incheon Transit

24 transits (overnight stay at airport), separate airline transits allowed. Bags checked through.

- Flight route ATL – ICN – HGH, with Delta/Korean Air, and Air China.
- Get off plane in Seoul
- Show Health Declaration Form
- Go through security
- Transit from T2 to T1 with shuttle train
- Pick up boarding passes at transit desks
- Transit hotel (inside immigration): Transit Hotel & Matina Lounge

Tokyo Narita Transit

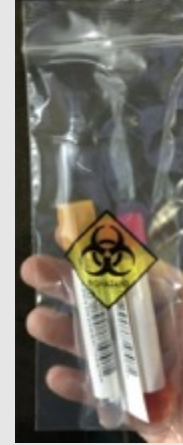
Same day transits only (airport closes overnight, Japan borders are closed), separate airline transits allowed, bags checked through.

- Flight route SFO – NRT – HGH, United Airlines and Air China.
- 2hr transit time in NRT
- Pick up boarding passes at NRT transit desk
- Show Health Declaration Form
- **No overnight stay in Japan allowed**

ARRIVAL | PUDONG AIRPORT

COVID PRC Test

- After getting off the plane, test tubes and stickers with your name will be provided
- Sign the testing consent form
 - Nose/throat/blood test, assigned at random
 - You may request for throat swab only for young children.
 - Everyone must get at least 1 type of test, even infants



鼻	Nose
咽	Throat
血	Blood

采样知情同意书

您好:

为了保护您及他人的身体健康, 检疫人员需要从您身上采集样本进行实验室检测, 以排查传染病。

如果您阅读、理解了以上内容, 并愿意配合采样工作, 请在下方签名以表示同意。采样及实验室检测不收取任何费用。

感谢您的合作!

姓名:

日期:

Informed consent for sampling

Dear Passengers,

In order to protect the health of you and others, quarantine officials need to take samples for the related laboratory tests.

If you understand the above contents and would like to cooperate with quarantine officials in taking samples, please sign below. Sampling and laboratory testing does not charge any fees.

Thank you for your cooperation!

Name:

Date:

ARRIVAL | PUDONG AIRPORT

SH Resident

- Immigration
- Luggage claim
 - This is where you can do currency exchange and buy a Chinese mobile sim if needed
- Follow the signs for Shanghai Resident or Shanghai Area
- Scan QR code to fill in an “Shanghai Airport Authority form”

Screenshot the end screen, it will be checked at the district desk and before leaving the airport



Scan these codes to fill out
Airport Authority Form
(Wifi/Mobile connection required)

上海机场(集团)有限公司
SHANGHAI AIRPORT AUTHORITY

浦东机场入境旅客信息登记 (T2非中转)

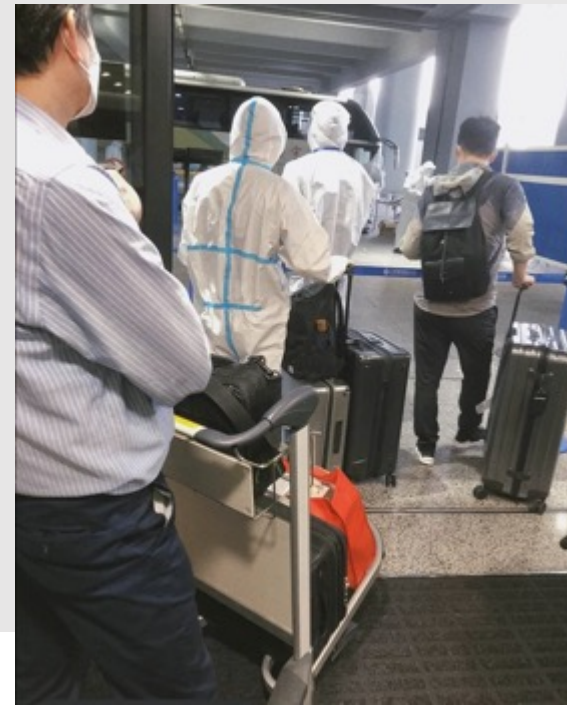
姓名:	请输入您的姓名
NAME	Please enter name
证件类型:	请选择您的证件类型
ID TYPES	Please select ID type
证件号:	请输入您的证件号
ID(PASSPORT) NUMBER	Please enter ID(PASSPORT) NUMBER
联系方式:	请输入您的手机号码
CONTACT INFORMATION IN CHINA	Please enter contact information
国籍:	请选择您的国籍
NATIONALITY	Please select nationality
上一站国家/地区:	请搜索并选择您的上一站国家/地区
LAST STAY COUNTRY	Please search and select
日期:	2020-09-11
ARRIVAL DATE	Please enter arrival date
进港航班:	请输入您的进港航班号
ARRIVAL FLIGHT	Please enter arrival flight
目的区域:	请选择您的目的区域
DESTINATION AREA	Please select destination area
目的地省市区:	请选择
DESTINATION PROVINCE, CITY & DISTRICT	Please select
目的地详细地址:	请输入您的目的地详细地址
DETAILED DESTINATION ADDRESS	Please enter detailed destination address

ARRIVAL | PUDONG AIRPORT

Non-SH Resident

- If you are not a Shanghai Resident, follow the signs for “Other provinces and cities”
- Jiangsu, Zhejiang, Anhui will have a separate line as they have the 3+11 day quarantine agreement with the Shanghai government. (Day 4-14 will be in home residence city if you are a resident of these 3 provinces)

You also need the Airport Authority form filled even if going to other provinces



上海机场(集团)有限公司
SHANGHAI AIRPORT AUTHORITY
浦东机场入境旅客信息登记 (T2非中转)

姓名:	请输入您的姓名
NAME	Please enter name
证件类型:	请选择您的证件类型
ID TYPES	Please select ID type
证件号:	请输入您的证件号
ID(PASSPORT) NUMBER	Please enter ID(PASSPORT) NUMBER
联系方式:	请输入您的手机号码
CONTACT INFORMATION IN CHINA	Please enter contact information in China
国籍:	请选择您的国籍
NATIONALITY	Please select nationality
上一站国家/地区:	请搜索并选择您的上一站国家/地区
LAST STAY COUNTRY	Please search and select
日期:	2020-09-11
ARRIVAL DATE	Please enter arrival date
进港航班:	请输入您的进港航班号
ARRIVAL FLIGHT	Please enter arrival flight
目的区域:	请选择您的目的区域
DESTINATION AREA	Please select destination area
目的地省市:	请选择
DESTINATION PROVINCE, CITY & DISTRICT	Please select
目的地详细地址:	请输入您的目的地详细地址
DETAILED DESTINATION ADDRESS	Please enter detailed destination address

The airport form has english actually

Airport Authority Form

Information you will need, advise to have these details all in one place on a note somewhere on your phone or a piece of paper

- Name
- ID Type (Passport)
- ID/Passport number
- Contact phone number in China
- Nationality
- Last country you stayed in
- Arrival Date
- Arrival Flight Number
- Destination Area: Jingan/Xuhui/Pudong/Minhang etc
- Destination Province City and District: 上海市 (Shanghai) 静安区 (Jingan)/徐汇区(Xuhui)
- Detailed Destination Address: Apartment address in Chinese if possible
- Countries visited/stopped over in the past 14 days



浦东机场入境旅客信息登记 (T2非中转)

姓名:	请输入您的姓名
NAME	Please enter name
证件类型:	请选择您的证件类型
ID TYPES	Please select ID type
证件号:	请输入您的证件号
ID(PASSPORT) NUMBER	Please enter ID(PASSPORT) NUMBER
联系方式:	请输入您的手机号码
CONTACT INFORMATION IN CHINA	Please enter contact information
国籍:	请选择您的国籍
NATIONALITY	Please select nationality
上一站国家/地区:	请搜索并选择您的上一站国家/地区
LAST STAYED COUNTRY	Please search and select
到达日期:	2020-09-11
ARRIVAL DATE	Please enter arrival date
进港航班:	请输入您的进港航班号
ARRIVAL FLIGHT	Please enter arrival flight
目的区域:	请选择您的目的区域
DESTINATION AREA	Please select destination area
目的地省市区:	请选择 ▼ 请选择 ▼
DESTINATION PROVINCE, CITY & DISTRICT	Please select
目的地详细地址:	请输入您的目的地详细地址
DETAILED DESTINATION ADDRESS	Please enter detailed destination address

ARRIVAL | PUDONG AIRPORT

SH Resident

At the Shanghai District desk: ask for 2+12 or 7+7 home quarantine application form.

(*Only those who are pregnant, traveling with elderly, young children, or have underlying health conditions can apply for 2+12 days home quarantine)

Information you will need to physically write down:

- Name
- Passport number
- Flight Number
- Contact phone number in China
- Nationality
- Home Quarantine Address
- Signature

- Staff will escort you to arranged bus for the assigned hotel in your district (non-shanghai residents will get a random hotel assigned, based on availability), they will collect your passport and call your names to board the bus. Passports returned once you get to the hotel for check in.

(Waiting for a bus can be a matter of minutes up to several hours. It depends on availability. Don't hesitate to ask the staff to push them for a bus if you've been waiting for a while)

(No one can enter/exit Pudong airport freely, so you cannot leave items or your bags for someone else to pick up from you at the airport)



If you are not a Shanghai resident, you cannot apply for home quarantine.
A lease plus your compound committee (Juweihui) approval is required.

Sample Home—Q Application

You can only find these forms physically at the airport district desks. If not, insist on it when you check-in at the hotel.

Would advise to have information required on a piece of paper (in Chinese if possible). Staff are usually happy to help you fill it in if you don't write Chinese.

For medical conditions, bring your doctor's diagnosis, medication details written and best translated to Chinese.

Application Form for Home Quarantine of Entry to Minhang District
入境来闵人员居家隔离申请表

(2020年7月27日起试用)

Name 姓名	Gender 性别	Age 年龄	Room No. 隔离房间号
Nationality 国籍	ID No. 证件号码		
Home Quarantine Address 居家隔离地址		District 所属街镇	
Type 1 Is days Home Quarantine <input type="checkbox"/> With older people over 65 周岁以上老人 <input type="checkbox"/> With difficulties to move, need special care 行动不便, 需家人看护 <input type="checkbox"/> With children need to be taken care of 有小孩需看护 <input type="checkbox"/> With basic diseases, need special care 患有基础性疾病, 需家人看护		With minors 未成年人 Pregnant Women 孕妇 <input type="checkbox"/> 孕妇	
Application Type 申请类型 Type 1 Type 2 Type 3		Qualified for home quarantine 有居家隔离条件 本人承诺所填信息属实。否则, 本人承担一切法律责任。 申请人签名: Signature 2020年 月 日	
Policy Personnel 政策人员 Others 其他		Accept 14 days quarantine at designated sites 自愿接受 14 天集中隔离 申请人签名: Signature 2020年 月 日	
NAT result 核酸检测结果 Type 1 Type 2 Type 3		NAT result of Customs 海关核酸检测结果: <input type="checkbox"/> 阴性 negative <input type="checkbox"/> 阳性 positive 5th day NAT result 第 5 天核酸检测结果: <input type="checkbox"/> 阴性 negative <input type="checkbox"/> 阳性 positive	
Application result 处理结果 Home Quarantine 居家隔离 Quarantine at designated sites 集中隔离		Quarantine site responsible signature 集中隔离点负责人签名: 2020年 月 日	
Note 说明: 从“严把关”“转居家”条件审核, 对于居住地址非位于有封闭管理条件的(如农村、单位宿舍、长租公寓等), 以及陪同隔离的同住人非其直系亲属的, 原则上不予批准。			

Home Separation Application Form
居家隔离申请表

0002836

航站楼: Terminal building 日期: _____

申请人姓名 Applicant's name	证件号码 ID number (passport)
航班号 flight number	国籍 Country of Citizenship
手机号 phone number	所属街镇 Township
申请居家隔离地址 Apply for home segregation address	
Reasons for inapplicable segregation 不适用集中隔离的理由 (在对应理由内打√或填写) suffering from a basic disease 患有基础性疾病	65 周岁以上 65 years old or above 孕妇 孕产妇 行动不便 Can not move 有老人或小孩需要看护 被看护人姓名: Name of caretaker 证件号码: ID number
申请人承诺 本人承诺, 上述情况属实。如有不符, 个人承担相应责任。 I promise that the above situation is true. If there is any discrepancy, the individual bears corresponding responsibility.	申请人签字: signature of Applicant
机场接待组审核意见 (针对老年人、未成年人、有人需要看护提出意见)	机场接待人员签字:
医务人员审核意见 (针对是否为孕产妇、行动不便、患有基础性疾病或不宜集中隔离提出审核意见)	医务人员签字:
护照签收	

车牌号: _____ 发车时间: _____ 时 _____ 分

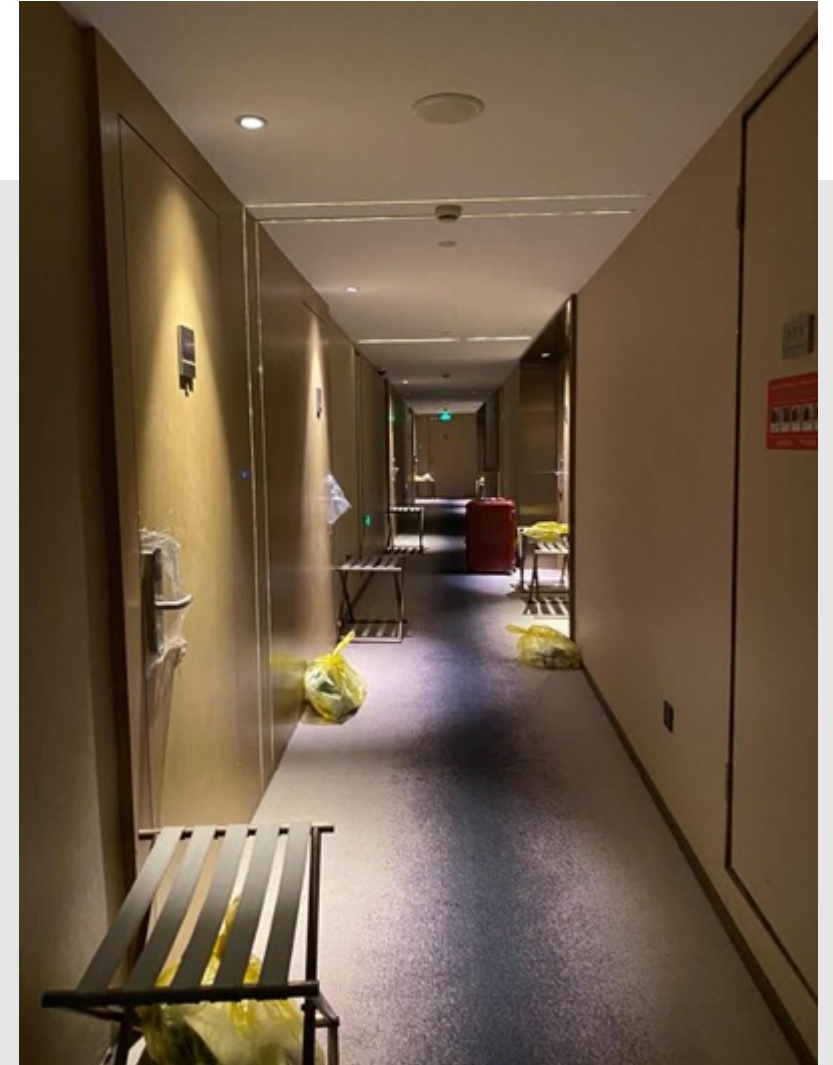
机场接待处: _____ 随车工作人员: _____ 留验点签收: _____

本表一式三联: 第一联留存当班指挥长; 第二联由留验点流转; 第三联由随车人员完成签收后, 拍照至“机场接驳群”, 并寄回交指挥长。

备注: 机场接待组、医务人员就各自审核内容提出意见即可, 无需重复审核。

Shanghai Hotel Quarantine

- You cannot choose which hotel to quarantine in. They are assigned based on availability. However you should be assigned to your home district if a resident.
- These hotels are regular 3-4star hotels, closed for the purpose of quarantine only.
- Room rates from 200-500rmb per night, most hotels have 2-3 meals provided.
- Adults may not share rooms. Children may share rooms with either parent.
- Payment either at check-in or check out. Methods of payment accepted: wechat/Alipay, RMB cash. Foreign credit cards not always accepted.
- Delivery: Each hotel has its own delivery rules, some allow food delivery, online shopping for daily necessities, and personal packages from family and friends. Hotel staff will hand you an instruction sheet upon check-in on what is allowed.
- Hotel wifi can sometimes be patchy. Would advise to have a Chinese SIM purchased before you leave your departure country or buy one at Pudong Luggage Claim.



Meals left outside
hotel rooms

Example – Jingan Holiday Inn

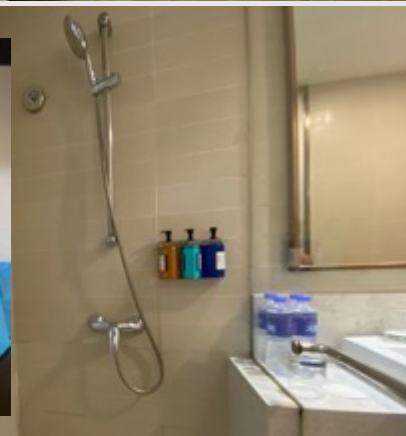
智选假日

- 400rmb/night (meals included)
- Food deliveries, Kuaidi (online shopping), and personal delivery allowed
- Air conditioning allowed
- No fridge
- Provided: kettle, bottled water, toilet paper, trash bags, towels, amenities & toiletries, disinfectant tablets for toilet use (They will leave extra at your door each morning)



智选假日

Jingan Holiday Inn



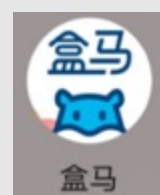
Example – Jingan Holiday Inn

智选假日

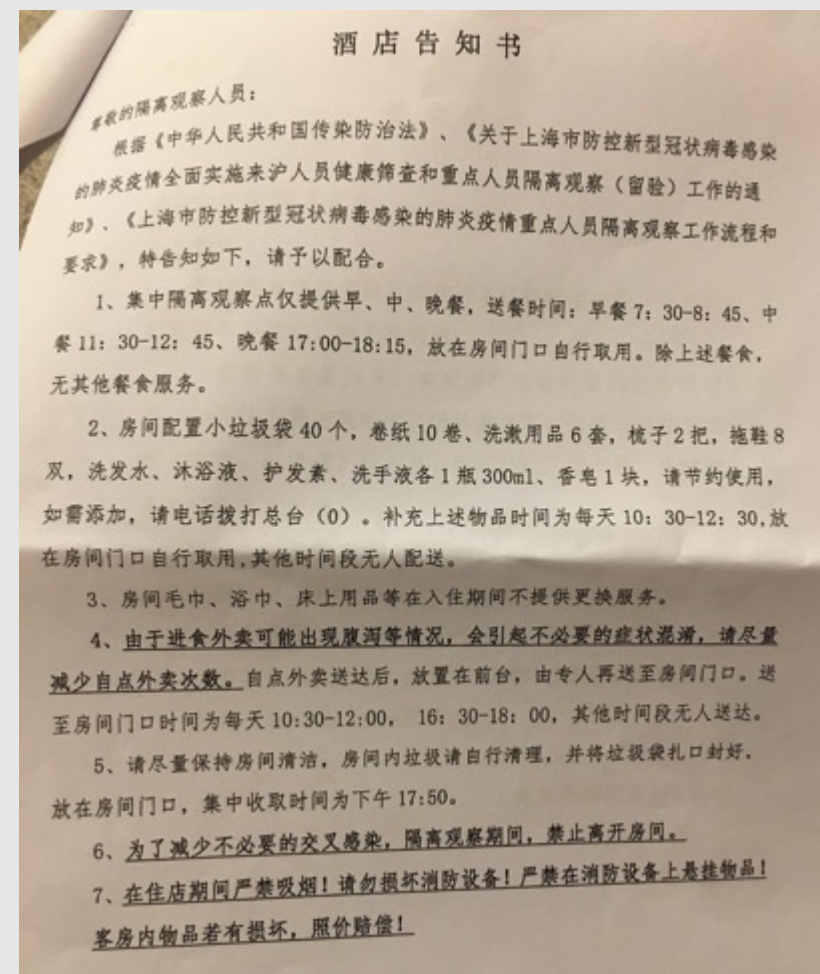
- Staff usually don't speak English, have translation tools ready
- Some hotels will add you into a wechat group to communicate with staff since you can't leave the room
- Meal-times can be found on the hotel check-in notice (right picture)
- Towels and sheets are not changed
- Personal deliveries brought up at 10:30am-12:00, 16:00-18:00
- Trash collection daily at 17:50, tie up trash back and leave outside the door
- Smoking is prohibited

Apps you can download for delivery

- Meituan/eleme: takeaway
- Hema 盒马: fresh produce, groceries
- Taobao: online shopping
- Element fresh: hot western food



Search on wechat



Example – Jingan Holiday Inn

智选假日

- Report your temperature twice a day at 8:15 and 12:30. Health staff will phone your room to ask for your temperature
- Thermometer will be provided (advise to bring your own digital one as it will be quicker)
- Each time you use the toilet, put in 10 disinfectant tablets, put down the lid, wait for 1hr and then flush
- If you have any symptoms such as fever, cough, runny nose, sore throat, diarrhea, call 0 or 1 to contact the front desk



尊敬的隔离观察人员：

根据《上海市防控新型冠状病毒感染的肺炎疫情重点人员隔离观察工作流程和要求》，需要您配合做好如下工作：

- 1、健康状况监测：请您每日上午8:15和下午12:30分别自行测试一次体温，医务人员通过电话了解您的体温情况，同时了解有无发热、咳嗽、流涕、咽痛、腹泻等症状。
- 2、体温计消毒：请您在每次测量体温后用75%的酒精棉片对体温计进行擦拭消毒，消毒完成后体温计由您自行保管。
- 3、排泄物、分泌物消毒：每次大小便后，在马桶内投入10片含氯消毒片，加盖，使排泄物和消毒液充分接触1小时后冲掉。
- 4、如您出现发热、咳嗽、流涕、咽痛、腹泻等症状，可拨“0”或者“1”联系前台。
- 5、由于进食外卖可能出现腹泻等情况，会引起不必要的症状混淆，请尽量减少自点外卖次数。自点外卖送达后，放置在前台，由专人再送至房间门口。送至房间门口时间为每天10:30-12:00，16:30-18:00，其他时间段无人送达。入住时房间内已备好7天或14天共14或28瓶水，如有需求请自购。
- 6、隔离观察期间，请不要在房间内使用自带的电器。
- 7、隔离观察期间，为降低感染风险，禁止人员探望。
- 8、在解除隔离观察前，请您配合，不得离开所居住的房间。

Example Quarantine Food

- You may request for Vegetarian food
- Please notify the check-in staff and/or your doctor if you have dietary restrictions.

Consider to pack

- Ramen
- Instant cup noodles/soups
- Dehydrated meals (camping stores)
- Cereal
- Instant pastas
- Multigrain bars
- Jerky
- Tea/Coffee + Your own Mug
- Nuts and dried fruit
- Bread/rice cakes/crackers
- Spices/herbs/sauces/salt/pepper



我对海鲜过敏

I am allergic to seafood

我对鸡蛋过敏

I am allergic to eggs

请提供素食餐
我们不能吃肉

Please provide
vegetarian meals,
we cannot eat meat

Shanghai Hotel Quarantine

What if...

- What if the hotel is dirty? Can I change rooms?
Difficult but not impossible, you can ask nicely but be persistent with hotel staff.
- Can I change hotels?
So far not possible from what people have been sharing since March.
- What if I have a non-covid medical emergency during quarantine?
Contact your assigned doctor at the hotel to get assistance.
- Someone on my flight tests positive?
If you are sitting in the same row or 3 rows in front/behind that person, you will be moved to another hotel. Everyone on the same flight will not be eligible for home quarantine. If already in home quarantine you will be called and transported to hotel quarantine.
- What if I test positive?
You will be sent to a fever clinic for a few days of further testing which includes more swabs, blood tests, chest x-rays. If it was a false positive then you will return to your hotel and continue quarantine. If you are diagnosed as a covid patient, then you will be admitted to a designated treatment hospital.

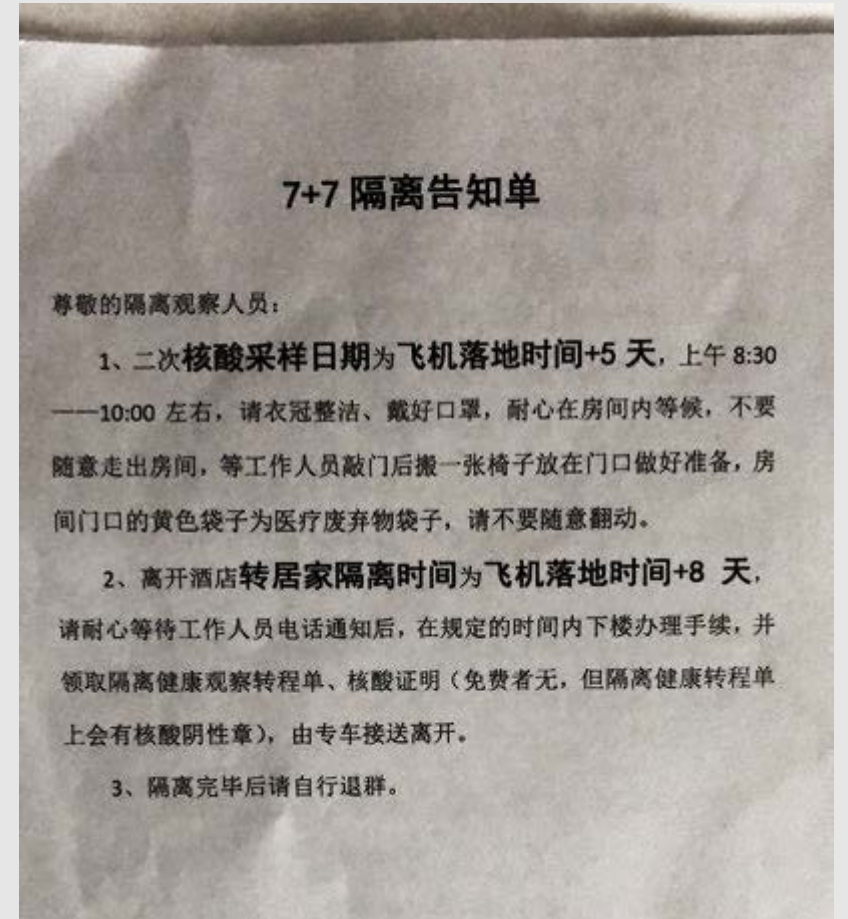
Hotel to Home Quarantine

If you've applied for 7+7 home quarantine, this is what will happen

- On landing day + 5 days, you will have a second PCR test done at the hotel
- If your home quarantine application has been approved and your test result comes back negative, you will be able to leave on landing day + 8 days
- Staff will notify you by phone on when you can leave your room and check-out
- An arranged bus will take you from the quarantine hotel to your home

Arriving at home

- A community representative plus assigned doctor will be waiting at your home entrance to receive you. You may need to sign another form.
- The committee rep will put a door sensor on your front door. Each time you open the door, you will need to report back to the rep via wechat on the reason for opening the door.
- The doctor will also add you on wechat for temperature reporting



Home Quarantine

Home Quarantine Deliveries

- Your compound staff or the delivery staff are allowed to bring your food, groceries, packages to your front door. Some committee reps will mandate you can open the door at specific times only, other compounds allow you to open your door as many times as you want.

Trash Collection

- A trash collector will come once a day to collect your trash just like hotel quarantine. They will knock on your door and you are allowed to open the door and leave your trash outside.

Release on day 15

- On landing day + 14 days, the doctor will come by and provide you with a home quarantine release form. It will have your personal details as well as your quarantine completion date.
- Your doctor will also let you know when you may leave (usually midnight day 15)

Annex I

Notice on Release of People from High-Risk Regions
Monitored for the COVID-19 from Health Observation
in Shanghai

Name:

Certificate Type: ☐ ID Card ☒ Passport ☐ Other:

ID/passport No.: (mandatory)

You have completed the 14-day period of ☒ home ☐ centralized
(mandatory) quarantine for health observation (from MMDDYY to MMDDYY). You are now released from the observation based on your health condition.

Please wear a face mask before visiting the fever clinic of a close medical institution in case of fever, cough, and other respiratory tract symptoms in the follow-up period.

Thank you for your understanding, support and cooperation during the observation.

Contact Person: Contact No.:

(Organization responsible for the quarantine for health observation (Seal))

Date: 2022.4.17

Note:
1. The holder of this notice shall truthfully declare and register his/her health condition upon entry into cities in the Yangtze River Delta region in accordance with the prevention and control requirements within the related jurisdiction during the disease prevention and control period.
2. Related authorities in the region shall require the holder of the notice to comply with appropriate prevention and control requirements based on local actualities.

After Finishing Quarantine

Health Codes

- A Green Health Code is required when visiting specific places within China such as: airports, train stations, hotels (restaurants inside hotels), spas, gyms, museums, hospitals, and schools.
- You can find this in Alipay, Wechat, or Health Cloud App
- A Chinese phone number and your passport details is required to obtain this code
- If you cannot obtain this code, you may use your quarantine release form signed by your doctor

*A separate guide named **“Health Code Guide (In China) 20200917”** has detailed steps on how to obtain these codes.

